

DofE BRONZE EQUIPMENT LIST

GROUP EQUIPMENT

- a) Tent(s) [suitable for packing and carrying with expedition rucksacks]
- b) Map(s) [min. 2 per group]
- c) Compass [min. 2 per group]
- d) Stove & Fuel [gas cylinders are preferable over Trangia style liquid fuel stoves]
- e) Cooking Pot(s)
- f) Evening Food

PERSONAL EMERGENCY EQUIPMENT

Each individual must carry the personal emergency equipment listed below:

- a) Watch
- b) Torch and Spare Bulb and Battery
- c) First aid kit, including any medication
- d) Whistle
- e) Coins/card for telephone (if mobile phone is taken it must be sealed in plastic bag)
- f) Notebook and pen/pencil
- g) Spare jumper/fleece
- h) Waterproof jacket
- i) Waterproof trousers
- j) Full water bottle(s)
- k) Extra warm clothing including woolly/fleece hat and gloves
- l) Bivvy bag/large poly bag
- m) Food for the day & emergency food rations

PERSONAL EQUIPMENT

Each individual is expected to carry an expedition rucksack containing the above items plus the following (unless being worn!):

- a) Hiking boots
- b) Walking trousers (DPM / combat trousers / jeans are not acceptable)
- c) Socks/underwear (at least one spare pair of socks should be carried)
- d) T-shirt
- e) Spare clothes (it is recommended that one complete change of clothes is carried)
- f) Sun cream, sun glasses, sun hat (weather dependent!)
- g) Gaiters (recommended but not essential)
- h) Sleeping Bag
- i) Sleeping Mat
- j) Waterproof bags for lining rucksack / storing sleeping bag and dry clothes
- k) Knife, fork, spoon
- l) Plate / bowl / mug
- m) Wash Kit, towel
- n) Camera
- o) BRONZE RECORD BOOK
- p) CONSENT FORM & MEDICAL DECLARATION
- q) PAYMENT

You are strongly recommended to bring a midge / mosquito net for wearing over your head around the campsite. These can be purchased in most outdoor shops.